

**BOOKS & DVDS: (co-authored with Diana McClun)**

Quilts! Quilts!! Quilts!!!

Quilts Galore

Quilts, Quilts, and More Quilts!

Say It with Quilts

Q is for Quilt

Diana McClun and Laura Nownes Teach You Beginning Quiltmaking (dvd)

Patterns: *From Me to You* – more than 40 traditional and original designs

**TELEVISION APPEARANCES:**

The Great American Quilt – a PBS series produced in 1991

Simply Quilts with Alex Anderson

The Carol Duvall Show

**MAGAZINE ARTICLES:**

Traditional Quilter

The Quilter Magazine

Quilter's Newsletter Magazine

Quilter's Home

American Patchwork and Quilting

**TEACHING:**

Houston Quilt Market

Minnesota Quilt Festival

Empty Spools Seminars at Asilomar

Pacific International Quilt Festival

Cabot Conferences in Bristol, England

Quilt Seminars at Sea

Quilt Fest, Jonesborough, TN

Quilting Adventures

Several local quilt shops and guilds

**OTHER ACCOMPLISHMENTS:**

Facilitator of the C & T Publishing Teachers Retreat

Nominated Teacher of the Year by The Professional Quilter Magazine

Featured artist at Alden Lane Nursery Quilt Show, Livermore, CA

Featured artist at 2004 Marin Quilt and Needlework Show

Facilitator of The Artist's Way for Quilters at Asilomar

# LAURA NOWNES

TEACHER, AUTHOR AND QUILT DESIGNER

*Lectures and Workshops  
to Inspire Creativity*



Since 1980 I have taught quiltmaking to thousands of students and written several best-selling how to books.

My lectures/trunk shows are lively and rich with stories of the quilts. The popular workshops are designed to cover techniques and present patterns to inspire creativity.

I would enjoy the opportunity to share my passion and expertise with your shop or guild.

**For available dates and fees, please contact me at:**

LAURA NOWNES

130 Byron Court

Pleasant Hill, CA 94523-4138

(925) 944-6428

e-mail: [info@dianaandlaura.com](mailto:info@dianaandlaura.com)

Visit my web site and blog at [www.dianaandlaura.com](http://www.dianaandlaura.com)

## LECTURE:

*Shared Stitches and Stories* – a trunk show of quilts from the first to the most recent with all of the charming stories stitched into each one. I bring approximately 60 that are sure to inspire all levels of quilters.

**Length:** 45 minutes to 1 hour

## WORKSHOPS:

Choose from among the many designs included in the *From Me to You* pattern line. Refer to my website for class descriptions and student supply lists.

*Here are a few of the favorites:*



### TAMING THE WILD "Y"

The oversized traditional Tumbling Blocks is the perfect pattern to learn how to master the often-avoided technique called y-seam construction. Laura has several helpful hints and techniques to assist in making this class a successful quilting experience.

**Techniques:** Quick-cutting, strip piecing and y-seam construction

**Length of class:** One or two days

**Level:** Beginner with cutting experience

**Pattern:** #102 The Big Tumble

### DIAMONDS ARE FOREVER

Take your strip-piecing techniques to the next level. Learn to use the angles on your rulers to cut diamond shapes that are easy to construct yet produce the stunning look of a more difficult design.

**Techniques:** Quick-cutting and strip piecing

**Length of class:** One or two days

**Level:** Beginner with cutting experience

**Pattern options:** #133 Diamond Jubilee, #138 Diamond Jubilee II or #134 Tumbling Stars



### CURVED PIECING

The gentle curves of the Fan pattern are easy enough for the beginning quilter. It is the perfect introduction for any quilter wanting to add this technique to their repertoire.

**Techniques:** Quick-cutting, strip piecing and curved piecing

**Length of class:** One or two days

**Level:** Beginner with cutting experience

**Pattern:** #121 Sensu (Fan)



### STRIPPIN' THE NIGHT (OR DAY) AWAY

Fun, quick and easy, is a guaranteed recipe for success. There are so many wonderful patterns to choose from. Just have fun with fabric and let the designs do the rest.

**Techniques:** Quick-cutting and strip piecing

**Length of Class:** One or two days

**Level:** All

**Pattern options:** #110 A Few of My Favorite Things,

#122 Bamboo/Pinwheels,

#125 Sparkling Spools, #126 Basket Weave,

#139 Don't Fence Me In



### ELEGANT PATTERNS USING LARGE-SCALE PRINTS

How many of us collect the beautiful large-scale prints yet store them on the shelves not knowing how to use them?

These easy to construct patterns provide the perfect setting to showcase these oversized designs.

**Techniques:** Quick-cutting and strip piecing

**Length of Class:** One or two days

**Level:** All

**Pattern options:** #131 Through the Window,

#142 Shoji Screen

### DRAFTING

Drafting opens the door to creating your own geometric quilt designs. With the basic techniques covered, students learn to recognize grid categories and draft blocks in any size. Two-day classes allow students to design their own blocks and discuss the best and easiest techniques for cutting and construction.

**Length of class:** One or two days

**Level:** All



### VINTAGE APRONS

The original apron was designed and made by Diana's mother in the 1940's. Tucked into the pocket was the original paper pattern. This is the perfect gift for yourself or a friend. In addition to making this adorable design, students will receive a printed copy of Laura's favorite sugar cookie recipe to tuck into your pocket.

**Level:** All

**Pattern:** #143 Two for Tea Aprons

